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I am the writer, ghostwriter, or developmental editor behind more than a hundred published books on a wide range of topics. Below are selected titles in the fields of medicine, health, and nutrition.

LEAN Life, by Jackie Elnahar, RD, Esq. (ghostwriter), The Collective Book Studio, forthcoming 2026.

The Gasping Out of Life-Breath: A History of Asthma, by Jocelyn Celestin, MD, FAAAAI (developmental editor and ghostwriter), 2025.

Toxicology for Attorneys: The Missing Pieces, by Allison A. Muller, PharmD, DABAT, FAACT, AFACMT (developmental editor), 2025

AIM for Wellbeing: Your Roadmap to Optimal Health, by Steve Amoils, MD and Sandi Amoils, MD (developmental editor and ghostwriter), Integrative Medicine Foundation, 2024.

Healing and Cancer: A Guide to Whole Person Care, by Wayne Jonas, MD and Alyssa McManamon, MD (developmental editor, ghostwriter, and author for three chapters), Rodin Books, 2024. **Amazon #1 new release in oncology, Amazon bestseller in three categories.**

Eat Move Groove: Unlock the Simple Steps to Lifelong Nutrition, Fitness & Wellness, by Susan M. Kundrat, MS, RDN, LDN (developmental editor and project manager), 2024.

Gut Renovation: Unlock the Age-Defying Power of the Microbiome to Remodel Your Health from the Inside Out, by Roshini Raj, MD (coauthor), William Morrow, 2022. **Amazon bestseller in new releases, Top 10 new title, bestseller in four categories, over 500 five-star reviews.**

Immune Reboot, by Dr. Rob Silverman (ghostwriter and project manager), 2022. **Amazon Top 100 in two categories.**

The Back Pain Solution: A Patient's Guide to Laser Spine Surgery, Minimally Invasive Procedures, and Avoiding Surgery Altogether, by Michael Hasz, MD (ghostwriter), Lioncrest Publishing, 2021. **Amazon #1 new title in back pain; bestseller in three categories.**

Living in the Chemical Age: How an Ounce of Prevention Can Protect Your Family from a World of Toxins, Janet Newman, PhD (developmental editor), Lioncrest Publishing, 2018. **Amazon bestseller in three categories.**

The Big Prescription: Balancing the Three Principles of Enduring Health, Shan Hussain, MD (developmental editor), Advantage Media Group, 2017. **Amazon bestseller in three categories and four countries.**

Inside-Out Health: A Revolutionary Approach to Your Body, by Dr. Rob Silverman (ghostwriter), Lioncrest Publishing, 2016. **Amazon top seller.**

The Plantar Fasciitis Plan, by Colin Dombroski, PhD (ghostwriter), Lioncrest Publishing, 2016. **Amazon bestseller.**

The Evolution of Medicine: Join the Movement to Solve Chronic Disease and Fall Back in Love with Medicine, by James Maskell (developmental editor), Knew Publishing, 2016. **Amazon top seller.**

Dermatology for the USMLE, by Alvaro J. Ramos, MD (developmental editor) Mayo Clinic, 2016.

The Patient as CEO: How Technology Empowers the Healthcare Consumer, by Robin Farmanfarman (ghostwriter), Lioncrest Publishing, 2015. **Amazon bestseller.**

The Unwritten Rules of Surgery: Everything You Didn't Learn in Residency, by David Kashmer, MD (ghostwriter) Lioncrest Publishing, 2015. **Amazon top seller.**

Sugar Crush: How to Reduce Inflammation, Reverse Nerve Damage, and Reclaim Good Health, by Richard Jacoby, DPM (ghostwriter), HarperWave, March 2015. **50,000-copy first printing; Amazon #1 New Release; over 950 five-star ratings.**

The Period Repair Manual, by Lara Briden, ND (developmental editor), ebook 2015. **Over 3,000 five-star ratings.**

Discover Your Nutritional Style, by Holli Thompson (ghostwriter and project manager), Sunrise River Press, 2014. **2015 Gold Award Winner, IBPA Benjamin Franklin Award; recipient of 2015 Mom's Choice Award.**

Crazy Sexy Diet, by Kris Carr (ghostwriter/editor), Skirt, 2011. **National bestseller; over 1,300 five-star ratings.**

The Cleveland Clinic Guide to Lung Cancer, by Peter Mazzone, MD (ghostwriter), Kaplan, 2009.

The Shangri-La Diet, by Seth Roberts, PhD (collaborator), Putnam, 2006. **National bestseller.**

The South Beach Diet Dining Guide, by Arthur Agatston, MD (ghostwriter), Rodale, 2005. **National bestseller.**

Atkins Diabetes Revolution, by Mary Vernon, MD (ghostwriter), Avon Books, 2004. **National bestseller.**

The Children's Hospital of Philadelphia Guide to Asthma (coauthor), Wiley, 2004.

The Atkins Essentials (ghostwriter), Avon Books, 2004. **National bestseller.**

The Arthritis Cure, by Jason Theodosakis, MD (coauthor of revised edition of **national bestseller**), St. Martin's Press, 2004.

Atkins for Life, by Robert C. Atkins, MD (ghostwriter), St. Martin's Press, 2003. **National bestseller.**

Dr. Atkins' Age-Defying Diet Revolution, by Robert C. Atkins, MD (coauthor), St. Martin's Press, 2000. **National bestseller.**